



# HAPPY THANKSGIVING

*Give thanks not just on  
Thanksgiving Day, but every  
day of your life. Appreciate  
and never take for granted  
all that you have*

**Everyday is a day of Thanksgiving!**

## REFLECTION

Every day that we wake up, are in relatively good physical health and of sound mind, is a day of thanksgiving. There has been so much loss of life this year and many unrelated to COVID. Although the COVID-19 virus is still attacking with a vengeance, there are some controls that each of us can be responsible for helping mitigate the escalation of those contracting the disease, being hospitalized, and even those who are still dying. This pandemic is real and is not going anywhere right now.

## COVID-19 UPDATE

**Please continue to consult the CDC and your local health department sites as well as your health care provider for the latest information. Also, please continue to practice prevention!**

- If you believe you have been exposed, get tested and contact those with whom you were around so that they can get tested.
- If we do not take the necessary precautions, the numbers will continue to increase, health facilities will be filled to capacity and health care providers who are already exhausted are and will become sick themselves.
- Additionally, we are also in the flu season. Flu shots are available. If you can get them, please get the flu shot which should help those who may come in contact with this disease not to respond with the full brunt of the disease.
- Take care of your bodies. Take care of your mental health. Self-care is important with all that is going on.

Those things that you can control, do your best to do so.

### **What the data reveals for Pennsylvania:**

5,900 additional positive cases of COVID-19  
321,000 total cases statewide  
10,014 deaths statewide



## STATE CONFERENCE NEWS



*The State Conference offers its sincere condolences to those who have recently lost loved ones. We know that this time of year can be especially difficult as you continue to grieve. Please know that our prayers are with you!*

1. **Ruth Tolbert**, President of Greensburg-Jeannette Branch  
([rtolber@comcast.net](mailto:rtolber@comcast.net))  
Lost her mother, Dorothy Skillings.
2. **President Kenneth L. Huston**, President of PA State Conference  
Lost his brother-in-law (funeral will be this weekend)

UNITS WHO WOULD LIKE TO STILL SUBMIT  
AN AD FOR THE ANNUAL BOOKLET, THE  
FINAL DEADLINE IS SATURDAY,  
DECEMBER 5, 2020.

The cost is \$50.00 for a full page ad. Send to  
[designprintnpub@gmail.com](mailto:designprintnpub@gmail.com)

## UNIT ANNUAL REPORTS

Units not having submitted  
Annual Reports

**FINAL DEADLINE is  
NOVEMBER 30, 2020**

## STATE CONFERENCE EXECUTIVE COMMITTEE

**Executive Committee Chairs  
not having submitted annual reports —**

**FINAL DEADLINE is  
NOVEMBER 30, 2020**

## MEMBERSHIP PORTAL TRAINING

- Secretaries -

for those who have not yet had training or have questions

Monday, November 30, 2020 at 7:00 pm

Link: [Membership Portal Training](#)

## PRESIDENTS

**Please note:** Those units that received a mini-grant for the Wake Up Black Vote Campaign are to submit a report for the activity that took place for the past election by December 5, 2020.

Units who have not yet had their elections are to submit their dates and times to President Huston.